

HOW TO PRINT

There are several sets of cards: INTRO, CHECK-IN, EMOTIONS, MIND, RELATIONSHIPS and BODY. Each set has different colour assigned and the back picture for better orientation.

The first slide of each pdf set can be used as the back of the cards. Then they can be printed as one-sided cards.

If you prefer, you can decide to print them double-sided to save the printing, and keep the title slides only for dividing the sets in the deck (to keep them separately easier).

The cards are designed to be A6 format, which means that there can be 4 cards per one A4 sheet (typical printing size).

In the INTRO set, cards can be printed one-sided (with the back picture) as well as double sided (to save the printing and keep the instructions on minimum amount of cards).

We recommend to print the cards on thick paper (at least 200g/m²) or laminate them.